



## General Appliance Care

Storage	Immediately after use place back in container.	
Cleaning	When How	After every use.  Warm water and/ or detergent. A toothbrush may be used to clean the mouth guard. Do not use toothpaste on your appliance as it will scratch the material. Do not use boiling water on the appliance as this will course it to change shape.
Irritations	If the appliance is causing you any irritations in the mouth feel free to contact us so we can help you sort out these issues.	
General care	Do not chew on the appliance as this will ruin the material.  Keep away from any pet dogs as they will enjoy chewing on your mouth guard!  Keep free from a hot environment such as locked in a car in the middle of summer.	

